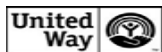


**Insurance and public assistance programs may cover a portion or the entire cost for services. There is a subsidy fee scale based upon income and the number of dependents in the family. No individual is refused services because of documented inability to pay.**

***Pathways Counseling Center,  
Inc.***

*is a Contract Agency of the  
Putnam County  
ADAMHS Board.*

*Programs and services are not  
denied to any person because  
of handicap, developmental  
disability, race, color, creed,  
national origin, sex, age, sexual  
preference, or HIV/AIDS.*



United Way of Putnam County  
*PartnerAgency*

Pathways Counseling Center  
835 North Locust Street  
Ottawa, Ohio 45875

Substance Abuse/Mental Health  
Services

419-523-4300  
Toll Free: 1-877-880-4300  
After-Hour Emergency:  
1-800-468-4357

8:00 a.m. – 4:30 p.m. M  
8:00 a.m. – 8:00 p.m. T & W  
8:00 a.m. – 7:00 p.m. Th  
8:00 a.m. – 4:00 p.m. F

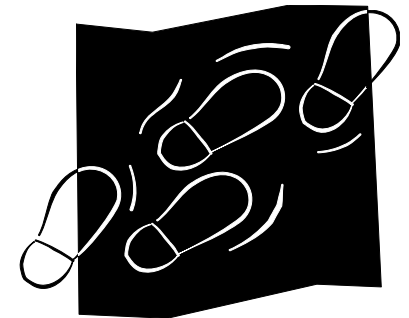
NATIONAL ACCREDITATION  
AWARDED BY:



**E m p l o y e e  
A s s i s t a n c e  
P r o g r a m**

***Pathways***

*Counseling Center, Inc.*



*Comprehensive  
Mental Health  
and  
Substance Abuse  
Services*

## Substance Abuse Services

### Assessment –EAP

Assessments help determine the nature of the involvement with mood-altering substances and its effect on the lives of the individuals and family members.

### Individual Counseling—EAP

Counselors work with adults and youth to help them identify problems and develop strategies to help them resolve issues that cause or contribute to the strain and disruption of their lives.

### Group Counseling—EAP

Adult or youth groups meet with a counselor as group members help each other identify and resolve the problems they are experiencing.

### Intensive Outpatient Program

A treatment group which meets 3 hours, 3 times a week and provides intensive treatment while allowing the individual to continue with everyday responsibilities such as work and family.

### Prevention Education

Presentations and groups are available to individuals, schools, and community groups. Drug-Free Workplace training is available for area businesses.

**EAP= SERVICES PROVIDED  
UNDER EAP PROGRAM**

# Pathways Counseling Center, Inc.

*The goal of our newly formed agency is to provide services for Putnam County residents and surrounding areas who are experiencing difficulties in day to day living. We provide referral and information, assessment, treatment, education, consultation, support and guidance depending on the nature of the problem and its severity. Services are available to children, Adolescents, and adults within individual, group, or family settings.*

*Our professional staff members are experienced and knowledgeable in their respective disciplines and are credentialed as required by the State of Ohio.*

## Mental Health Services

### Counseling and Psychotherapy– EAP

Treatment is provided in individual, group, family, and marital settings where specific needs are addressed and a service plan is developed.

### Psychiatric Services

Psychiatric evaluations are provided by the physician. Medication education and monitoring are provided as needed.

### Community Support Services

Support services are available to assist clients with linkages to necessary services to facilitate treatment.

### Mental Health Education

The staff offers programs such as parenting classes, educational presentations and support groups. These programs are available to individuals and organizations.

### Housing Services

Group homes, independent living apartments, community support services, supervised support services, and a housing assistance program which assist clients in gaining independence.

### Other Services Include:

Consultation EAP  
Diagnostic Assessment EAP  
Psychological Evaluation/Testing EAP  
Pre-hospital Screening  
Crisis Intervention  
Counseling at Alternative School