

The Mental Health, Alcohol & Drug Addiction Recovery Board of Putnam County

FY 09 Annual Report

A Message to the Residents of Putnam County

Community Boards– Community Benefits

This past year we have all been aware and effected by the economic downturn in our country, state, and county. The Mental Health, Alcohol & Drug Addiction Recovery Board of Putnam County also received huge reductions in funding for behavioral health services. Approximately \$120,000 of state aid was reduce in the mental health and alcohol treatment prevention budget.

Through innovation and the hard work of many individuals behavioral health services for those in need were maintained and continued uninterrupted.

As the recession drags on the Mental Health, Alcohol & Drug Addiction Recovery Board of Putnam County will continue its' vigilance and responsibility to the residents of Putnam County. Hard times call for adjustments in thinking and past practices.

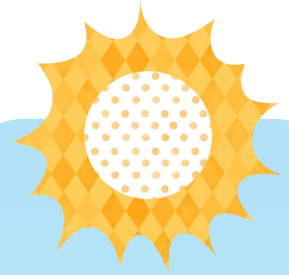
The Mental Health, Alcohol & Drug Addiction Recovery Board of Putnam County and Provider Agencies were proactive in providing necessary behavioral health services to affected individuals. This past year taught us that no other purpose in life is as important as the willingness to be of service.

As a new year unfolds, the volunteer Board and contracting agencies will face our challenges with our mission firmly in mind. By doing so, the Board will accomplish its mission, partnership, and service.

The Putnam County Board is pleased to present our 2009 Annual Report. It is through hard work, loyalty, and commitment by many individuals that the Mental Health, Alcohol & Drug Addiction Recovery Board of Putnam County is capable of maintaining its own behavioral health system.

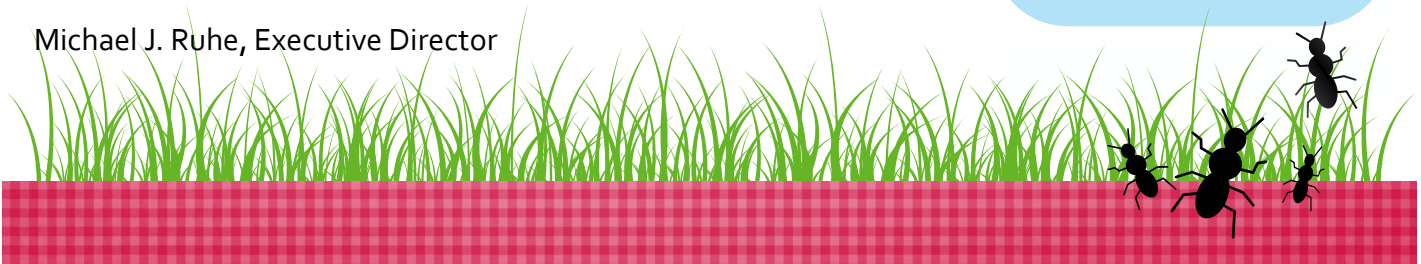
Lois Horstman, Board Chair

Michael J. Ruhe, Executive Director



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Mission Statement

The commitment of the Mental Health, Alcohol & Drug Addiction Recovery Board of Putnam County (ADAMHS) in partnership with providers, other social service organizations, the community, and our families is to provide necessary behavioral health care services. The residents of Putnam County believe in and promote strong family ties. We believe our future is dependent upon the well-being of our families. As these needs are effectively met, individuals and families will develop to their fullest potential, and the community will build on the renewed strengths of the residents.

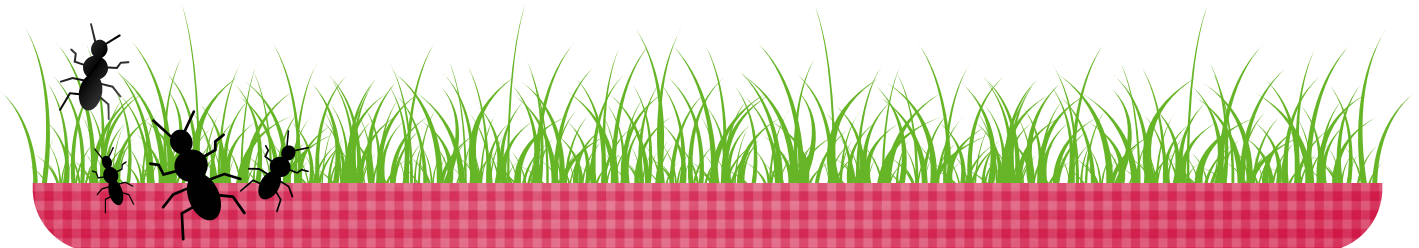
Vision Statement

Ohioans believe in their families, children, and communities. The best hope for the future is the well-being of Ohio's families. Ohio will be a place where families can build their heritage and culture, and feel secure in the present as well as reach for the future. Families will accept responsibility for meeting their needs. Ohioans will develop to their full potential and communities will support and build upon the strengths of their residents. The Mental Health, Alcohol & Drug Addiction Recovery Board of Putnam County strives toward this vision at the local level.

Values Statement

The Mental Health, Alcohol & Drug Addiction Recovery Board of Putnam County believes in a network of care that makes a difference in peoples' lives. We believe in the honesty and integrity of our system and individuals we serve.

**“Caring, Wellness,
Recovery, Resilience”**



Board Members

Jennifer Horstman, Chairperson
Lois Horstman, Vice Chairperson
Mary Jo Williams, Secretary/Treasurer

Ed Bratt

Dr. Sarah Schoonover

Maggie Rodriguez

Carol Fessler

John Phillips

Mary Arthur

Joe Stechschulte

Jeanette Meyerhoffer

Dr. Merrill Raye

Dr. Mandy Klass

Erin Hoffman

Dianna Geiger

Joe Uphaus

Helen Devitt



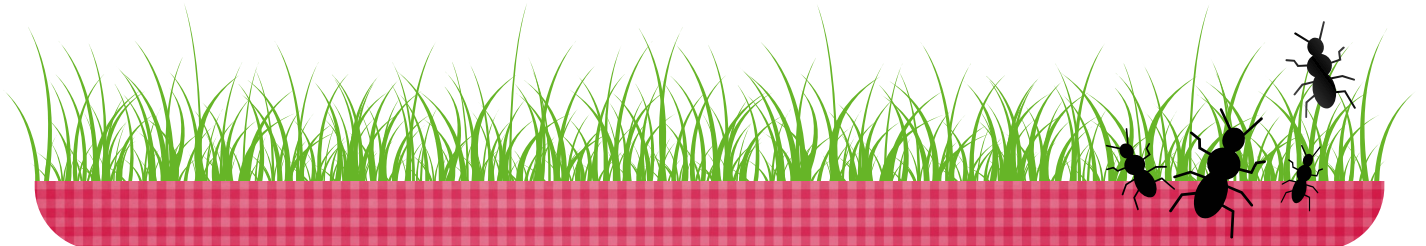
Community Boards

..... Community Benefits

Board Staff

Michael J. Ruhe, MA, Executive Director

Amy R. Hedrick, Fiscal Administrator



Crime Victim Services

Crime Victim Services (CVS) has been assisting victims in Putnam County since 1990. Putnam County is the only county in Ohio in which one agency serves all victims at one location.

The experienced CVS staff provided crisis counseling to 114 primary victims while the 24-hour crisis-line answered by CVS staff and trained crisis counselors fielded 62 emergency Putnam County calls for victims of sexual assault and domestic violence victims.

CVS assisted 242 victims of domestic violence (121 primary and 121 secondary victims) and 52 victims of sexual assault (27 primary and 25 secondary). Victim Advocates assisted 35 primary victims file Civil and Criminal Protection Orders and provided packets of information to an additional 18 primary victims. CVS provided assisted with transportation to 27 families benefiting 49 individuals, provided 205 meals and 1978 nights of housing/shelter days. Twenty-two families celebrated Christmas with gifts and food through our Adopt-A-Family program.

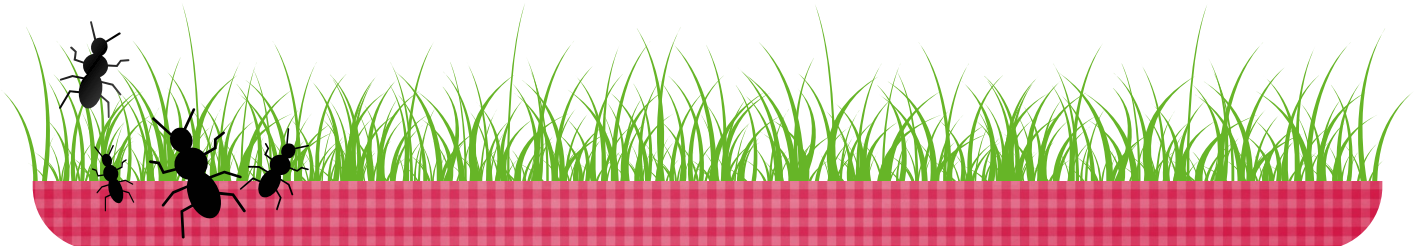
Pathways Counseling Center and CVS maintained a collaboration offering on-site group and individual counseling for victims of domestic violence. A qualified CVS staff also provided on-site counseling for victims of sexual assault.

The Family Justice Center, part of a six-county domestic violence grant from the U.S. Department of Justice, continues to offer expanded services to the community. It is located at Crime Victim Services and includes a partners' room, family room, counseling room, and a children's play room complete with a variety of toys and a mural, DVD player, books and a computer with games.



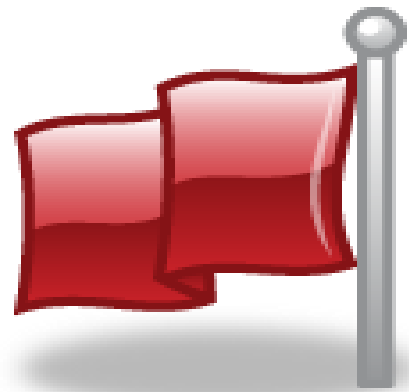
Domestic Violence

Pathways offers individual and group counseling for the victims of abuse at **Crime Victims Services** and/or at Pathways Counseling Center. The program helps victims identify red flags of abuse so that they may learn to handle those behaviors more appropriately and develop healthier relationships for themselves and their children.



Red Flags Policy

Pathways Counseling Center, Inc. implemented the **Red Flags Policy** as another tool to identify identity theft and fraud. Mandated by the Federal Trade Commission, clients may be asked to produce proof of identity in the form of a picture I.D. or other documentation as necessary.



Putnam County Head Start Program

Pathways Counseling Center continues to provide Mental Health Consultation Services for the **Putnam County Head Start Program**. Each of the three classrooms is observed twice a year to ensure positive teacher-student interaction and to identify any emotional/behavioral concerns with the children. Additionally teachers are given the opportunity to participate in six mental health consultation meetings designed to address any classroom concerns noted over the course of the school year.

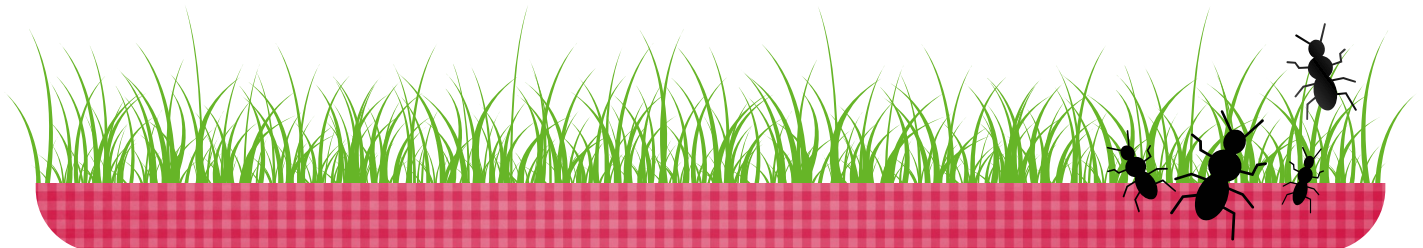


Access to Better Care (ABC)

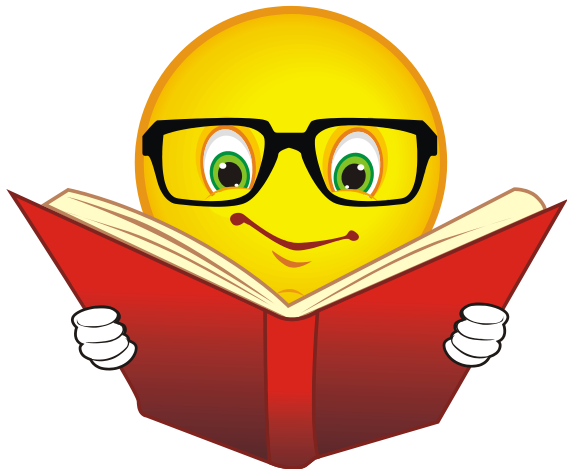
The Putnam County ADAMHS Board works closely with the Putnam County Family & Children First Council to plan and administer the county's Access to Better Care (ABC) allocation. The major purpose of ABC funds is to assist children and families needing intervention, treatment or other supportive services related to their children's mental health/behavioral healthcare needs.

The goals of ABC are to increase access to public behavioral healthcare services and resources within the community, reduce out-of-home placements, reduce custody relinquishments, ensure inclusion of family in service planning and assure family voice and choice in the selection of behavioral healthcare services. ABC funds can be used for individual consumer expenditures or as match dollars to other federally funded programs, such as Medicaid.

In FY 09, 69% of the ABC funds are utilized for services provided to families in the WRAP Around program, and the remaining funds are used for treatment and other family supportive services. A total of 26 families from nine (9) communities in the county benefited from ABC funding this year.



Alternative Opportunity Center (AOC)



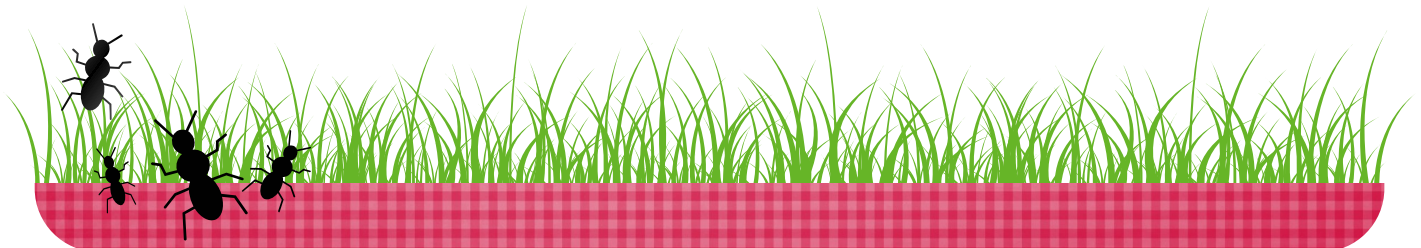
The Alternative Opportunity Center (AOC) completed its 13th year of operation at the end of the 2008-09 school year. As in past years, the AOC provides an alternative educational setting for those students most in need. It serves students who have demonstrated the need for specialized educational programming in a small group setting. Many students attend in order to complete graduation requirements, improve attendance, or to avoid behaviors that would result in suspension or expulsion from their home school. For many students, it is the "second chance" that they need to put their lives on a positive track.

The AOC provides a flexible educational setting that enables students to complete current assignments, earn credits for graduation, and work to pass the Ohio Graduation Test which is required in order to receive a diploma in the state of Ohio. Students can also work on basic study skills, behavioral issues, and social skills needed to be successful in school and work environments.

During the past school year, the AOC assisted 60 students in meeting their goals. This included 27 long-term students and 33 students serving short terms during suspensions from their home schools. Average daily attendance was 85%, which will be a focus for improvement during the coming school year.

Individual and group counseling was again provided to all long-term students served at the AOC. Each student must undergo a diagnostic assessment, drug test, and strength and risk assessment when they enter the program. Students are assisted in developing goals to work toward throughout the year which are addressed in counseling sessions. Typical discussion issues include: team building, communication skills, future planning, values and moral development, building self-esteem, and anger management.

The AOC provide an invaluable service to the nine (9) local school districts in Putnam County, and is looking forward to serving students during the coming school year. To date, 11 students from area schools have already been accepted and plan to attend the AOC beginning in August, 2009.



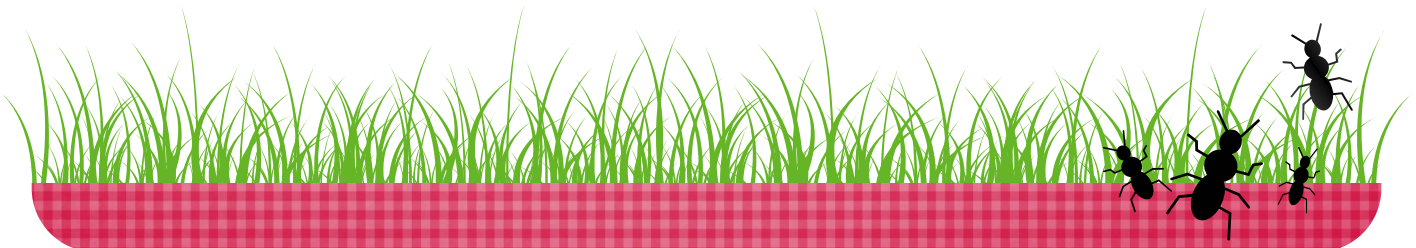
WRAP AROUND

The Putnam County ADAMHS Board has been a key leader in the implementation and sustainability of the Putnam County WRAP Around program. The ADAMHS Board partners with the Putnam County Family & Children First Council in operating and monitoring services.

WRAP Around stands for Wellness & Recovery Action Plans. WRAP Around is an evidence-based practice that coordinates services for families with children who have multiple mental health or behavioral health needs. In Putnam County, 62 families have been referred to WRAP Around since the program began in 2005. When families enroll in the program, they help create their own WRAP Around team. The team is comprised of four to seven people who know the family and have a history of working with the family. Agency workers, teachers, principals, grandparents, neighbors, friends, and clergy have served on WRAP Around teams. It has proven beneficial for families to have a consistent group of people working with them over time. This team learns about the strengths of each family member, learns about the family's goals and helps them resolve conflict. The family and team develop a plan of action that will help the family accomplish goals they have set for themselves. Every WRAP Around plan is individualized according to the strengths and needs of the family members. The plans ensure basic needs are being met, that mental healthcare and other resources are accessible, that a support system is identified for the family, and that family connections are strengthened in order to prevent them from escalating into further crisis.



Assessment tools are used monthly to track the progress of each family in WRAP Around. The results are shared monthly with the Putnam County Family Coordination Team which acts as an advisory tool called the Family Development Matrix is used to document improvement in quality of life for families, and shows the extent to which resources/services have been used by the family as well as measuring other outcomes.





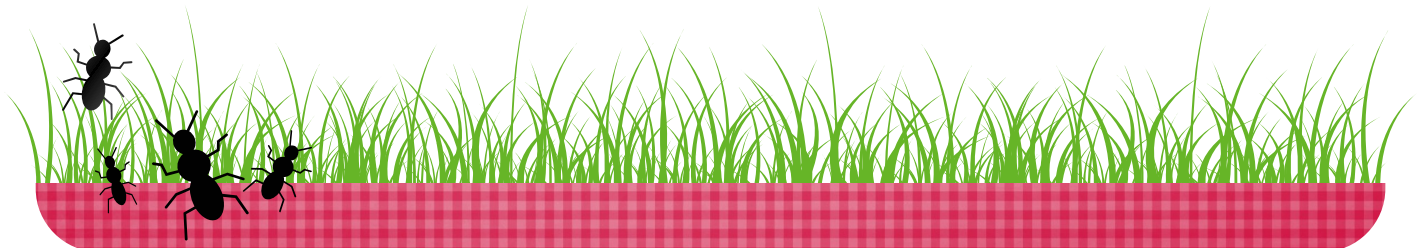
The Family & Children First Council completed the second year of its Partnerships for Success (PfS) initiative on June 30, 2009. The ADAMHS Board has been a member of the core team responsible for carrying out the activities of Partnerships For Success.

Partnerships For Success is an operating system that helps communities identify and prioritize critical issues affecting child and family well-being and helps communities learn to better manage the investment of resources to address those issues. Members of the Council receive customized training and coaching to support their efforts. Partnerships for Success also helps the county reduce duplication of efforts among local agencies, make policy and program decisions that lead to better use of public dollars, evaluate the impact of investments and provide for long-term sustainability of evidence-based programs and services.

In addition to system changes, the grant also provides funding for strategies that fill gaps in the community. In Putnam County, there were few family-centered prevention programs. Through Partnerships for Success, the Family & Children First Council implemented "The Incredible Years" parent program which teaches parents about appropriate child development and provides them with skills needed to bond, communicate, motivate, and praise their children. The program also improves parent ability to discipline and decrease aggressive behaviors of their child over 65 families have participated. The strategy of Incredible Years will be sustained from July 1, 2009 until June 30, 2012 through the Putnam County Safe Schools/Healthy Students initiative.

Services to Seniors

Pathways Counseling Center is now in its sixth year of contracting with The Meadows of Ottawa-Glandorf Nursing Facility to provide consultation services. This service is provided by a Licensed Social Worker. Four hours of direct consultation services is provided monthly at The Meadows. New residents are evaluated for any serious mental health needs with referrals and linkages recommended as necessary. Additionally, residents are assisted in making the adjustment to the care facility with ongoing consultation and support available to all residents on an "as needed" basis.



Prevention Services

Prevention Services at Pathways Counseling Center, Inc. is a service that provides youth and adults with education, skill building, and alternative activities to prevent the use of drugs and the abuse of alcohol. Services include, but are not limited to, school-based programming, youth-led initiatives, and drug free alternative activities. Many of the programs, such as P.A.R.T.Y., have seen a steady increase of members through the 2008/2009 school year. P.A.R.T.Y. now has around 50 active high school members, and has steadily increased the number of youth-led hours in prevention since 2006. Other prevention activities and programs have touched over 3000 students in Putnam County in 2008/2009, and we anticipate continued growth in many of the programs in 2009/2010. As of October 2008, Prevention programming at Pathways Counseling Center, Inc. is licensed by ODADAS.



Mentionable Prevention Programs: Diversion, FRIENDS, How To Be A Better You, JEDI and P.A.R.T.Y.

Intensive Outpatient Program (IOP)

This year the Intensive Outpatient Program (IOP) has undergone some changes. The foremost of which is a programming change where by it will no longer be called IOP, but simply Alcohol and/or Drug (AoD) group therapy. Instead of meeting three times a week for eight hours it now meets two times a week for six hours. This programming change has been favorably received by the staff and clients alike. The curriculum of Interactive Journals and focus on 12 step attendance has continued to be the same. There has been a refining of the curriculum and some topics have been shortened or eliminated, while the program itself was extended in time frame over the traditional 16 weeks. These changes are still on going with constant improvement being our aim.



Early Childhood

The **Early Childhood Mental Health** Grant provides multiple programs and resources that are available to Putnam County Residents who have or work with children ages 0-6. The activities of this grant address issues of mental health that have been identified as a need in the county.

Assessment and consultation services are available to the professionals and families of children identified with concerns. In-services are offered to professionals working with children ages 0-6 in Putnam County on effective discipline. Parenting sessions are provided and focus on creating strong, nurturing environments and relationships with the children and learn an effective discipline program. Small groups and programming for pre-school children on behavior management through the use of puppets called Dinosaur School is offered as well.

In collaboration with Partnerships for Success, a chart has been created listing all of the programs that are available in Putnam County for Improving Children's Behavior, thus the title.



Central Pharmacy

Pathways uses a few different ways in obtaining medications for patients that don't have the means or have limited resources to purchase their medications.

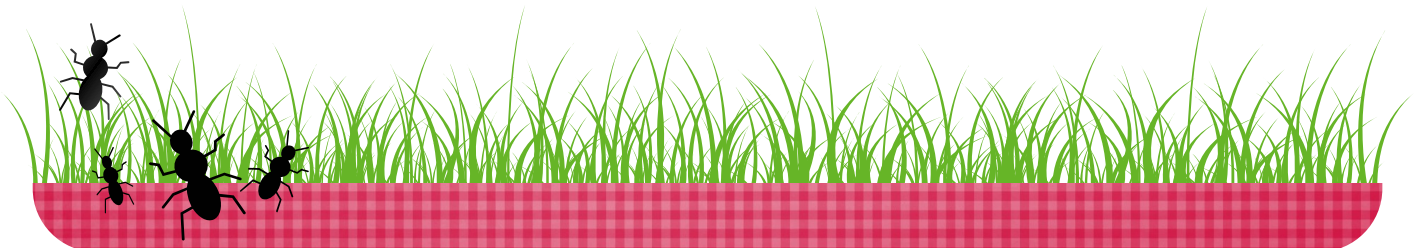
We, of course, utilize **Central Pharmacy**. We were allotted about \$30,760.00 this past fiscal year and we used \$10,208.90 more than we were allotted.

We are also using **Patient Assistance Programs** through the drug companies. The patient and physician fill out an application provided by the company. It is then sent in for approval by the company. The medication is usually sent to Pathways for distribution if the patient is approved.

This fiscal year, 2009-2010, we were awarded funding for our **Medication Stop Gap** program of \$10,000.00 from **The United Way**.

Pathways also has **sample medications** on hand to alleviate some of the cost to the patients. We encourage the Drug Representatives to visit Pathways frequently.

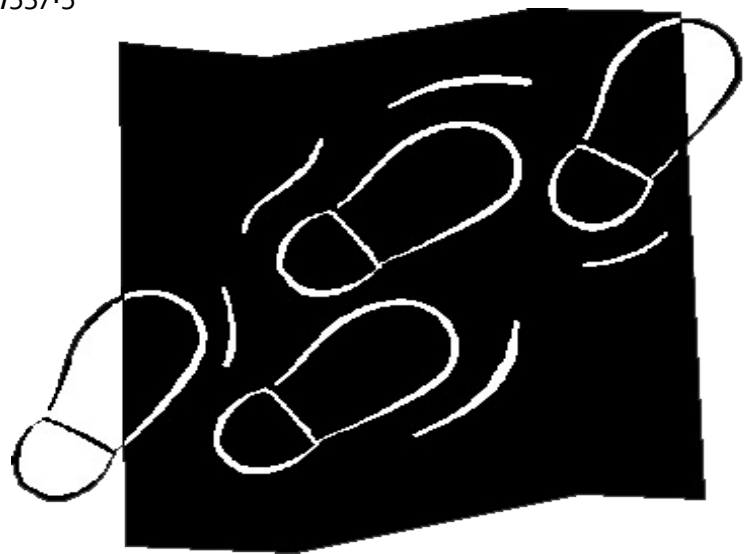
Clients that are on Medicaid or Medicare can usually purchase their medications without a lot of difficulty.



Services of Pathways Counseling Center

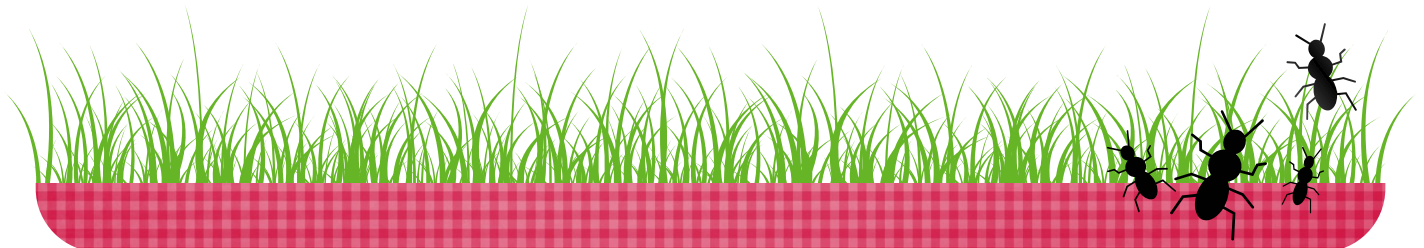
Mental Health Units

Diagnostic Assessment	779.4
Medical/Somatic	684.4
Ind. Counseling	10,445.6
Group Counseling	4,130.0
Individual Counseling/Psychotherapy	22,097.9
Group Counseling/Psychotherapy	960.0
Residential Support	730.0
Consultation	874.2
MH Education	53.4
Crisis Intervention	35.1
PASSAR	1.3
Other MH Services	5,537.5



Alcohol/Drug Units

Assessment	527.3
Screen Analysis	265.6
Individual Counseling	2,933.0
Group Counseling	4,505.3
Case Management	9.5
Crisis Intervention	4.0
Intensive Outpatient	505.5
Community Services	232.0
Alternatives	66.3
Education	361.5
Outreach	20.0
Information Dissemination	32.2



Financial Statement FY 09

CASH INCOME

CASH DISBURSEMENTS

Federal Funds

Mental Health Block Grant	\$42,428.00
Alcohol & Drug Block Grant	\$103,273.00
Youth Led Prevention	\$1,692.00
Title XIX– Medicaid	\$317,198.18
Title XX– Social Services	<u>\$19,164.00</u>
	\$483,755.18

State Funds

505 Base	\$130,126.00
408 Funds	\$4441,555.00
410 Forensic Funds	\$9,703.00
Alcohol & Drug Abuse Subsidy	\$101,657.00
Youth Led Program	\$1,864.00
FAST Grant	\$26,694.00
Early Childhood Grant	\$44,066.00
ABC Grant	\$29,596
505 Special	<u>\$30,000.00</u>
	\$815,261.00

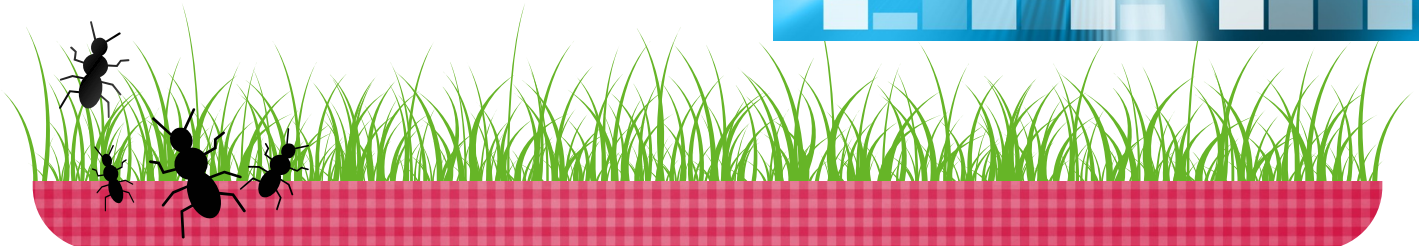
Local Funds

Tax Levy	\$181,063.06
Miscellaneous	<u>\$20,746.88</u>
	\$201,809.94

TOTAL REVENUE \$1,500,826.12

MH Board Administration

& Special Services	\$138,683.02
Pathways MH	\$564,647.00
Pathways AD	\$205,691.00
Out of County XIX	\$116,756.54
MACSIS Expense	\$22,282.00
Crime Victim Services	\$46,000.00
Alternative Opportunities	\$84,000.00
Pharmacy	\$8,217.68
FAST 09	\$22,359.00
Early Childhood	\$36,722.00
ABC Grant	\$29,596
Title XX	\$19,164.00
Pathways Medicaid	<u>\$252,147.10</u>
	\$1,556,265.34





***Mental Health, Alcohol
& Drug Addiction Recovery
Board of Putnam County***



We're on the Web!

<http://www.pathwaysputnam.org/ADAMHS/home.htm>

CONGRATULATIONS!

Jennifer Horstman and John Phillips on their
volunteer services to the Putnam County
ADAMHS Board.

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putadam@yahoo.com



**Welcome New Board
Members!**

Michelle Hermiller
&
Melinda Gonzalez

