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www.pathwaysputnam.org/
ADAMHS/frontpage.htm

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**MENTAL HEALTH,
ALCOHOL & DRUG
ADDICTION RECOVERY
BOARD OF PUTNAM
COUNTY
"ADAMHS BOARD"**

CONGRATULATIONS!

Diana Geiger and Dr. Merrill Raye
8 years of volunteer service to the
Putnam County ADAMHS Board.

Thank You!

**WELCOME NEW BOARD
MEMBERS**

Mary Arthur, Dr. Mandy Klass, and
Jeannette Meyerhoffer

*Mental Health Alcohol
& Drug Addiction Recovery
Board of Putnam County*

**Annual Report
FY 07
October 5, 2007**

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Mission Statement

The commitment of the Mental Health, Alcohol and Drug Addiction Recovery Board of Putnam County (ADAMHS) in partnership with providers, other social service organizations, the community and our families is to provide necessary behavioral health care services. The residents of Putnam County believe in and promote strong family ties. We believe our future is dependent upon the well-being of our families. As these needs are effectively met, individuals and families will develop to their fullest potential, and the community will build on the renewed strengths of the residents.



Financial Statement FY 07

CASH DISBURSEMENTS

Mental Health Board Administration	141,764.88
Pathways Counseling Center MH	558,647.00
Pathways Counseling Center AD	204,881.00
Out of County XIX Medicaid	60,191.98
MACSIS Expense	22,282.00
Crime Victims Services	31,000.00
Alternative Opportunities	84,000.00
Pharmacy	19,267.00
FAST 07	22,359.00
Early Childhood	36,722.00
ABC Grant	18,834.00
Family Justice Center	15,000.00
Suicide Prevention	10,000.00
H.B. 289 Grant	7,500.00
Network of Care	4,553.00
Pathways Medicaid	<u>229,600.47</u>

TOTAL DISBURSEMENTS \$1,466,602.33

CASH INCOME

Federal Funds	
Mental Health Block Grant	42,428.00
Alcohol & Drug Block Grant	105,888.00
Title XIX - Medicaid	259,780.39
Title XX - Social Services	<u>5,120.83</u>
	413,217.22
State Funds	
505 Base	223,572.00
Community Service Funds (408)	444,216.00
Forensic Funds (401)	9,703.00
Alcohol & Drug Abuse Subsidy	101,345.00
Youth Led Program	3,555.00
Fast Grant	22,359.00
Early Childhood	36,722.00
ABC Grant	24,215.00
Suicide Grant	5,000.00
H.B. 289	7,500.00
Network Of Care	4,553.00
505 Special	<u>30,000.00</u>
	912,740.00
Local Funds	
Tax Levy	173,685.32
Miscellaneous	<u>21,567.15</u>
	195,252.47

TOTAL REVENUE \$1,521,209.69

Special points of interest:

- Wrap Around page 3
- Services to Seniors page 4
- Alternative Opportunity Center page 5
- Board Financial Statement page 6

Board Members

Jennifer Horstman, Chairperson
Dianna Geiger, Vice-Chairperson
Mary Jo Williams, Secretary-Treasurer

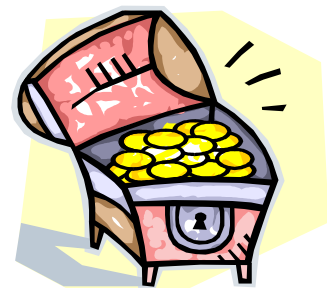
Lois Horstman
Ed Bratt
Dr. Merrill Raye
Carol Fessler
Joe Stechschulte

Joe Uphaus
Dr. Jeff Eiden
Dr. Mandy Klass
Dr. Sarah Schoonover

John Phillips
Erin Hoffman
Helen Devitt
Maggie Rodriguez

Board Staff

Michael J. Ruhe, MA, Executive Director
Amy R. Hedrick, Fiscal Administrator



Residents of Putnam County

The Mental Health, Alcohol & Drug Addiction Recovery Board of Putnam County is pleased to present our FY 2007 Annual Report. Our Service Providers are: Pathways Counseling Center– Mental Health and Alcohol and Drug Abuse, 835 N. Locust Street, Ottawa, Ohio; Crime Victim Services, 338 E. Third Street, Ottawa, Ohio; and the Putnam County Educational Service Center, 124 Putnam Parkway, Ottawa, Ohio.

The sixteen (16) member volunteer board is very proud of our 2007 accomplishments. As you will see throughout this report, we attempt to reach people where they work and live. This past year Putnam County was part of a residential collaborative that provides an assisted living program closer to home. The Board has developed innovative partnerships to provide the best services for residents of Putnam County.

The Recovery Board will continue its commitment to our mission and will support and monitor locally driven programs.

Treatment works: People Recover, Recovering People Work, Working People Pay Taxes. We thank you for your continued support.

Michael J. Ruhe
Executive Director



Prevention Services

Prevention Services are designed to help students identify positive role models, develop creativity, and increase self-efficacy. Services include, but are not limited to, school based programming, youth-led initiatives, and drug free alternative activities. These programs educate students early, continue to build skills through the years, and combine a substance free environment with service oriented activities. There has been an increase in the number of schools requesting prevention programming in 2006/2007, with services reaching all 9 districts. We anticipate continued growth in many of our programs, which are available to schools, individuals, and groups in Putnam County. Mentionable Programs: **FRIENDS, How To Be a Better You, JEDI, and P.A.R.T.Y.**

Our Providers have been very busy this past year. Keep reading to find out what is keeping them so busy.

Early Childhood

The Early Childhood Mental Health Grant provides multiple programs and resources that are available to Putnam County residents who have or work with children ages 0-6. The activities of this grant address issues of mental health that have been identified as a need in the county.

Assessments and consultation services are available to the professionals and families of children identified with concerns. In-service sessions will be offered to professionals working with children ages 0-6 in Putnam County. Parenting sessions will be provided and will focus on creating strong nurturing environments/relationships with children ages 0-6. Small groups and programming for preschoolers on behavior management will be provided as well.

The Early Childhood Mental Health Grant has provided the opportunity for professionals to be trained in the parenting series, The Incredible Years. Parenting groups will be offered in the future as a result of this training.

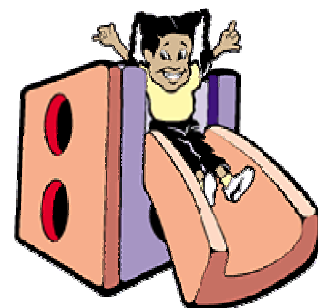
Alternative Opportunity Center

The Alternative Opportunity Center (AOC) completed its 11th year of operation at the end of the 2006-07 school year. The AOC provides an alternative educational setting for students who have demonstrated the need for specialized programming in a small group setting. Many attend in order to complete graduation requirements, improve attendance, or to avoid behaviors that would result in suspension or expulsion from school.

The AOC provides a flexible educational setting that enables students to complete current assignments, earn credits for graduation, and work to pass the Ohio Graduation Test which is required to receive a diploma in the state of Ohio. Students can also work on basic study skills, behavioral issues, and social skills needed to be successful in school and work environments.

During the past school year, 78 students from Putnam County were served at the AOC. This included 35 long-term students and 43 short-term attendees. While this represents 10 fewer students than the previous year, the actual average daily membership for the year was 25.2 students, an increase of 4.4 over the previous year (due to higher numbers of full-time status students).

Individual and group counseling continues to be provided to all long-term students served at the AOC. Each student must undergo a diagnostic assessment, drug test, and strength and risk assessment when they enter the program. Students are assisted in developing goals to work toward throughout the year which are addressed in counseling sessions. Typical discussion issues include: team building, communication skills, death and dying, future planning (including marriage, finances, and having children), values, morals, building self-esteem, and anger management.



Crime Victim Services

Crime Victim Services (CVS) of Putnam County has been providing services to crime victims since 1990 and is the only county in Ohio with all victims' services in one agency and at one site.

The experienced CVS staff provided crisis counseling to 178 primary victims while the 24-hour crisis line answered by CVS staff and trained crisis counselors fielded 35 emergency Putnam County calls for victims of sexual assault and domestic violence victims.

CVS assisted 268 victims of domestic violence (142 primary victims, 126 secondary victims) and 52 sexual assault victims (27 primary, 25 secondary). Victim Advocates assisted 28 primary victims file Civil and Criminal Protection Orders and provided packets of information to an additional 18 primary victims. CVS provided assistance with transportation to 13 families benefiting 45 individuals, provided 206 meals and 190 nights of housing /shelter days. Twenty-two families celebrated Christmas with gifts and food through our Adopt-A-Family program.

The Family Justice Center, part of a six-county domestic violence grant from the U.S. Department of Justice, has completed construction and has opened its doors to the community. It is located at Crime Victim Services and includes a partners' room, family room, counseling room, and a children's play room complete with a variety of toys and a mural, DVD player, books and computer with games.



Suicide Prevention Coalition

The Suicide Prevention Coalition focused their work on two main areas of concern: 1) Reducing the stigma of mental and emotion disorders within Putnam County and 2) Educating the leaders and workers in our communities about suicide and depression. To further these endeavors the coalition contracted with Dr. Ellen Anderson to provide educational seminars on suicide and depression. The series of seminars targeted four groups of people: law enforcement, health care workers, school employees, and behavioral health workers. Furthermore, the coalition funded a suicide and depression educational program for grade-school students. Posters, key pads, and signs countering the stigma of depression and suicide were also purchased with the funds received from the Suicide Prevention Grant and the Putnam County ADAMHS Board.

Domestic Violence

Pathways Counseling Center and Crime Victims Services collaborate to provide an on-site therapy group for women as well as individual therapy for victims of crime. The program helps victims identify red flags of abuse so that they may learn to handle those behaviors more appropriately and develop healthier relationships for themselves and their children. Pathways Counseling Center also provides a 26 week domestic abuse intervention program for those who batter.



Intensive Outpatient Program (IOP)

This year the IOP program has changed facilitators and curriculum. The Moral Recognition Therapy (MRT) component to IOP is being eliminated and The Change Company's evidence based Interactive Journals have been added. The program continues to use the 12 step model of recovery as taught in AA and NA. Participation in AA (Alcoholics Anonymous) and NA (Narcotics Anonymous) is a part of the IOP program experience. There has been a lot of work to make the program consistent and user friendly so another facilitator can lead if necessary.

Services to the Seniors

Pathways Counseling Center is now in its fourth year of contracting with the Meadows of Ottawa-Glandorf Nursing Facility (previously Calvary Manor) to provide consultation services. This activity is provided by a Licensed Social Worker. Direct service of 3-4 hours is provided weekly at the Meadows. New residents are evaluated for any serious mental health needs with referrals and linkages recommended as necessary.

Additionally, residents are assisted in making the adjustment to a care facility with ongoing consultation and support being provided to all residents on an as needed basis.



Alcohol & Drug Addiction Services/ Employee Assistance Program (EAP)

Over the past year Pathways has experienced an increase in AOD (Alcohol & Other Drugs) clients, especially those seeking services for drugs other than alcohol. Cocaine seems to be on the increase with the twenty to thirty age group. All programs remain active, including OP (Outpatient), IOP (Intensive Outpatient Program) and Corrections in-house programs. In the area of EAP (Employee Assistance Program), we have likewise seen an increase in local companies seeking training for BWC (Bureau of Workers Compensation) Drug Free Workplace Training.



WRAP Around

WrapAround has been serving Putnam County for three years. Currently, we are working with "at risk" youth to try to keep them from being removed from their homes. Such removals are reduced by community linkage to resources and a collaborative team effort to organize and develop a plan of action that is suitable for each family and individual involved in the process. WrapAround focuses on development of a client's strengths, the positive things they are already doing, and the support system they currently have in place. New networks of support are often formed by this process. WrapAround is currently serving 14 families in the Putnam County.

Services Provided by Pathways

MH Hour-Based Units		AD Hour-Based Units	
Diagnostic Assessment	705.3	Assessment	627.8
Medical/Somatic	539.2	Screen Analysis	371.3
Ind. Counseling/Therapy	9,360.9	Ind. Counseling	2,336.0
Group Counseling/Therapy	2,762.0	Group Counseling	5,329.7
Ind. Comm. Support	23,743.9	Case Management	20.3
Group Comm. Support	1,040.0	Crisis Intervention	4.8
Residential Support	565.0	Intensive Outpatient	103.6
Consultation	1,042.8	Residential Services	301.0
MH Educational Service	93.9	Other AD Services	453.5
Crisis Intervention	20.7	Community Services	131.2
Other MH Services	5227.8		

